

You dial in the motivation.  
We'll dial in the mechanics.



**KINETIC**

**BY KURT**

## Road Machine.

The original. And still the best.

**\$589.00**

**It's the perfect workout partner for sprints to intervals to all-day cruising. Quiet. Smooth. And like every Kinetic Trainer, 100% leak-proof. The power calibration gives you true outdoor simulation. The automatic resistance adjusts as you change speeds. Realism as only Kinetic can deliver it.**

### Features:

- Measurable and repeatable workload
- 6.25 lb. (2.84 kg) flywheel for realistic coast-down
- PowerTap calibrated resistance unit
- Sealed fluid chamber with magnetically coupled driveshaft
- Thermodynamically neutral silicone resistance fluid
- 15-second coast-down from 20 mph (32 kph)
- Consistent resistance at multiple temperatures
- 80 cooling fins to dissipate heat
- Lowest operating temperature of any fluid trainer
- Smooth, quiet resistance from 5 - 3,000+ watts
- Guaranteed not to leak
- 2 1/8" (5.4 cm) roller reduces tyre wear
- Unconditional lifetime warranty
- Lifetime crash replacement policy



## Pro Trainer.

Most versatile trainer available.

**\$749.00**

**The most versatile trainer you can find, featuring two separate flywheel options: an attached 6 lb. flywheel designed for interval training, plus an additional 12 lb. flywheel (18 lbs. total) for hard-core endurance workouts, like tempo and Long Slow Distance rides. Plus, the incredibly stable 540 square inch base keeps each pedal stroke stable and focused. Variety has never felt more road-like.**

### Features:

- Includes attached 6 lb. (2.72 kg) and additional 12 lb. (5.44 kg) flywheels
- Incredibly realistic ride
- 60 second coast down from 25 mph (40 kph)
- Quick release over center lock to secure and remove bike easily
- Fluid training without the leaks
- Consistent resistance at multiple temperatures
- Unconditional lifetime warranty
- Lifetime crash replacement policy



## Rock & Roll Pro Trainer

Take realism to a new level.

**\$989.00**

**Take realism and your workout to a whole new level with the only trainer that delivers natural side-to-side motion. With this unique, lateral motion, core muscles are engaged to maintain balance. So now you can simultaneously workout both technique and power - especially during out-of-the-saddle hill climb intervals. Get on. Give your expectations a workout.**

### Features:

- The most realistic indoor ride available anywhere
- Forces core muscle use to maintain proper balance while riding
- Makes any rider a more powerful and faster cyclist
- Measurable and repeatable workloads
- Lock-out feature for conventional use
- Most stable frame in the industry
- Fits any Kinetic resistance unit fluid, mechanical or wind
- Clamp and Lock Quick Release with lever lock secures bike easily
- Removable legs for easy storage
- Custom-made PVC feet
- Unconditional lifetime warranty
- Lifetime crash replacement policy
- Turntable Riser Ring is recommended for use with the Rock & Roll Trainer



## Training Mat

Kinetic Trainer Floor Mat

**\$99.95**

**This is a simple necessity for any cyclist who cherishes a clean training environment.** The Kinetic Floor Mat keeps floors sweat-free and reduces vibration. Durable closed-cell PVC foam means it will stand up to even the most intense training sessions.



## Riser Ring

Kinetic Riser Ring

**\$39.95 / \$79.95**

**Two models designed to meet the needs of riders who want a level bike when they train.** The Kinetic Fixed Riser Ring is adjustable to four heights to simulate flat roads on almost any bike. Sits under front tires for a stable ride, no matter how hard or long the workout. The Kinetic Turn-Table Ring has the same features but with the addition of allowing the front wheel to steer.

### Features:

- Adjustable to four heights (.5", 1", 1.5", 2") to fine tune your ride position
- Fits tires up to 2.25"
- PVC construction for a lifetime of use



## Small Wheel Adaptor

Kinetic Small Wheel Adaptor

**\$69.95**

**A must for BMX, recumbents and any bike with tires having an outside diameter of 22" or less.** The small wheel adaptor raises the level of the resistance unit of any of the Kinetic Trainers by up to three inches. By doing this, the trainers fit tires with outside diameters as small as 16". By using this adaptor, Kinetic Trainers accommodate most BMX, kids and recumbent bikes.

### Features:

- Raises the level of the resistance unit
- Adaptable to most BMX, kids and recumbent bikes



## Power Computers

Kinetic Power Computers

**\$149.00 / \$369.00**

**Introducing Kinetic's 2 models of Power Computer;**

- **A wireless version with Speed, Heartrate, Cadence and Power;**
- **A wired version with Speed, Cadence, and Power.**

The Kinetic Power Computers are designed to give you accurate power (watt) readings when you are using a Kinetic Trainer. All other functions (speed, distance, cadence, calorie burn, altimeter, etc) are accurate both on and off the trainer. Because of this the Kinetic Power Computer is an excellent choice for a cycling computer both on and off the trainer.



Kinetic Wireless Power Computer

## 12 lb. Flywheel

NEW Kinetic 12 lb. Flywheel!

**\$159.00**

**Upgrade your Road Machine (2011 Model) by purchasing an additional flywheel to bolt onto your Resistance Unit.** The Kinetic Road Machine Resistance Unit (2011 Model) features two separate flywheel options: an attached 6 lb. flywheel designed for interval training, plus an additional 12 lb. flywheel (18 lbs. total) for hard-core endurance workouts, like tempo and Long Slow Distance rides.

